



Midjuburi Youth Resource Centre

23 Yabsley Avenue,
Marrickville, NSW 2204
PO Box 702, 1475
Phone: 02 9564 3222
Email: info@myrc.org.au
Website: myrc.org.au

10 December 2024

MYRC 2025 Cultural Camp

Dear Parent / Carer / Guardian,

Your child is invited to attend MYRC's **Koori Cultural Camp** in Boongaree at Berry Sport and Recreation Centre, which is approximately two hours travel south from MYRC. The young people will be mentored and supervised by MYRC staff throughout the camp. MYRC staff will run activities during the camp to promote connections and cultural learning.

EXCURSION DATE: Monday 20th January 2025 – Thursday 23rd January 2025

VENUE: Berry Sport & Recreation Centre, 660 Coolangatta Rd, Berry
NSW 2535

PHONE: (02) 4464 1406

TIME: Depart from MYRC on Monday 20th January at **10:00AM sharp**,
please arrive at MYRC no later than 9:30AM.

Return approximately 3:00PM on Thursday 23rd January

Please note: MYRC **cannot** pick up from or drop off to young peoples' homes before and after camp. Parents and young people must ensure that they get themselves to MYRC before the time of departure on Monday and a way to get home from MYRC after the time of return on Thursday.

COST: Free. All activities and meals included.

Young people may bring money to purchase food and snacks when venues are accessible

TRANSPORT: MYRC Van and MYRC Staff Vehicles

SUPERVISING STAFF: Louise Hammond (0412 854 054)

Amanda Baysari (0447 420 929)

Joel Kamerman (0475 407 264)

Tameika Fitzgerald

Jake Potter-Daniels

Oscar Sachs

Yodit Ackerman

Julie Gramat

Raph Hatzi



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CODE OF CONDUCT: Responsible behaviour is expected from young people throughout the duration of the camp, including safe and respectful behaviour towards themselves, others, MYRC staff, Camp staff and Camp property. Parents / Carers / Guardians will be contacted and informed regarding inappropriate behaviours or actions.

DISCLAIMER: During the camp young people will be engaging in fun-filled activities such as sports, swimming, fishing, and bush walking. All precautions will be taken to ensure the young people are safe whilst engaging in activities. In the instance that a young person does suffer illness or injury, first aid may be administered by MYRC or Camp staff and, where appropriate, medical assistance will be sought from the closest and/or most appropriate healthcare or medical provider(s). Parents / Carers / Guardians will be informed of any illness or injury sustained by their child as soon as possible.

WHAT TO BRING:

- Must bring own pillow and a sleeping bag / or blanket and sheet
- Day Bag / backpack to take during activities to carry necessary items
- Medication / asthma puffer. This should be placed in a labelled plastic bag and given to MYRC staff
- Toiletries: soap, shampoo, tooth brush, tooth paste
- Hat, sunscreen, sunglasses
- Water bottle
- Appropriate clothing for activities and weather, e.g., 3-4 pairs of shorts/pants and tops, socks and underwear, and pyjamas for 3 nights sleep
- Jumper / Jacket
- Wet weather gear / umbrella
- Swimwear and beach towel
- Insect repellent (only bring lotion or gel repellent, no spray-on allowed at the Centre)
- Enclosed shoes, and optional second pair of open shoes such as thongs or slides (must bring at least enclosed shoes)
- Plastic/garbage bag to take worn / dirty clothes home in



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- It is recommended that young people do not bring valuables, such as phones and laptops, due to risk of breakage, loss, or theft
- MYRC will not take responsibility for damages, loss, or theft of property if the young person brings valuables on camp
- Young people are encouraged to label all items they bring. Young people are responsible for all personal belongings, and are expected to take all reasonable steps to prevent loss, damages or theft

WHAT NOT TO BRING:

- Do not bring nuts and products that contain nuts to the camp
- Do not bring aerosol cans (no spray-on deodorant or spray-on insect repellent)

MYRC CULTURAL CAMP CONSENT FORM



I give permission for (name of young person) _____

to attend MYRC's Koori Cultural Camp.

- I understand the procedure for travel and am aware of all details regarding the camp.
- I give permission for my child to participate in all activities and for staff to administer first aid if deemed necessary.
- I give permission for MYRC staff to seek all appropriate and necessary medical or healthcare treatment from the closest and/or most appropriate healthcare or medical provider(s) in the instance that my child suffers an illness or injury during the duration of the camp.

Medicare Card Number: _____

Individual Reference Number: _____

- I understand that if my child behaves inappropriately or irresponsibly MYRC will call me on the number provided below to inform me.
- I understand that there is no cost for the camp.
- I understand that my child may bring money to purchase food when food outlets are available, and that my child will be responsible for managing their own money.
- I understand that my child is responsible for their own personal belongings and must take all reasonable steps to prevent property damage, loss, or theft.
- I have provided details below regarding my child's allergies, and medical / healthcare needs (please provide full details and include any medical information / allergies or write N/A if not applicable):

If your child has anaphylaxis/severe allergy or health condition plan you must inform MYRC staff and provide a copy of their up-to-date health care plan.



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Dietary Requirements

Please specify any dietary requirements, such as vegetarian, vegan, halal, etc.

Media Release: MYRC staff will take photos and videos during the Camp and may use these in the following ways: posts on official MYRC Social Media accounts (e.g., Facebook, Instagram, etc.), images in Publications (e.g., Annual Reports), and on the MYRC Website.

If you **DO NOT** give consent for the young person's images being used, please tick here:

I do not give consent for the young person's images being used

Parent / Carer / Guardian Name: _____

Parent / Carer / Guardian Signature: _____

Contact Phone Numbers: _____

Email Address: _____

Date: _____



WATER ACTIVITIES & SWIMMING PERMISSION NOTE

Your child will be attending the camp which will involve their participation in water activities, such as swimming, kayaking and fishing. We require that you indicate the swimming ability of your child and give consent for your child to participate in water activities.

Young people identified as non-swimmers and weak swimmers will be supervised in another activity or given additional supervision to ensure safety.

A parent/carer **MUST** indicate the swimming ability of their child (circle one of the categories below) and sign the consent form for the young person to participate in any water activities during the camp.

My child _____, aged _____, to the best of my knowledge has the following swimming ability (please circle below):

A non-swimmer	My child is unable to swim
A weak swimmer	My child is comfortable and confident in shallow water (waist deep) but cannot swim very well
An average swimmer	My child is a reasonable swimmer and can swim 20 meters freestyle but is not very strong or confident in deep water
A strong swimmer	My child is a strong swimmer, can swim at least 50 meters continuously and is very confident in deep water

I give my consent for MYRC staff or Camp staff to administer first aid if necessary and for all appropriate and necessary medical or healthcare to be sought from the closest / most appropriate healthcare or medical provider(s) to ensure the safety and welfare of my child.

Parent / Carer / Guardian Name: _____

Parent / Carer / Guardian Signature: _____

Date: _____